



THURSDAY

8:30 S.A.I.L. Exercise

10:30 ShoGo Mobile

11:30 Dutch Lunch Out

9:00 Coffee Hour

2025 FRIDAY

Larkspur

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 12:00 Lunch 12:30 Yarn & Needle Group

HAPPY BIRTHDAY

9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Music & Movement w/Melanie 10:30 Wii Bowling 11:00 Duplicate Bridge

12:00 Lunch

WEDNESDAY

"LEDO'S" 12:00 Lunch NATIONAL ON THIS DAY IN 1964 MINORITY MENTAL HEALTH AWARENESS MONTH

Ruby

uly Birthstone

Princess Diana Princess & Activist BORN July 1st, 1961 DIED 1997 (aged 36)

US President Johnson signs the Civil Rights Bill, outlawing racial discrimination.

9:00 Coffee Hour 11:00 Advance Beginners Watercolor

11:00 Tai Chi w/Nathan 12:00 Lunch

12:00 Mahjong 2:00 Guitar & Ukulele Lessons

What did the stamp say to the envelope?

Stick with me and we will go places!

8 8:30 S.A.I.I. Exercise 9:00 Coffee Hour 10:00 **BINGO**

12:00 Lunch 12:30 Yarn & Needle Group

GRILLING

9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 *Music & Movement* w/Melanie 10:30 Wii Bowling

11:00 Duplicate Bridge 12:00 Lunch

> HAPPY BIRTHDAY **TOM HANKS** JULY 9, 1956

8:30 S.A.I.I. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 12:00 LUNCH W/GENE **EDWARDS REVIEW**

10



9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 10:30 *Life Without Limits*

11

11:00 Tai Chi w/Nathan 12:00 Lunch

ON THIS DAY IN 1804

A duel between two leading American politicians claims the life of one. United States Vice President Aaron Burr and former Secretary of the Treasury Alexander Hamilton ended a lifelong feud with a duel. Hamilton was fatally wounded and died the next day.

14

9:00 Coffee Hour 11:00 Advance Beginners Watercolor

11:00 Tai Chi w/Nathan 11:30 Blood Pressure Screening w/Melanie 12:00 **LUNCH & LEARN**

W/MELANIE 12:00 Mahjong 2:00 Guitar & Ukulele Lessons

15 8:30 S.A.I.L. Exercise

9:00 Coffee Hour 12:00 Lunch w/DJ Chuckie 12:30 Yarn & Needle Group



16

9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 *Music & Movement* w/Melanie

10:30 Wii Bowling 11:00 Duplicate Bridge

What kind of lights did Noah use on the Ark? Flood lights!

17

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 9:30 Field Trip Sue's House 10:30 ShoGo Mobile 12:00 Lunch



12

9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 10:30 *Life Without Limits*

11:00 Tai Chi w/Nathan

11:30 Toastmaster's 12:00 Lunch

"Education is the most powerful weapon which you can use to

change the world."

HAPPY BIRTHDAY Nelson Mandela JULY 18, 1918 - 2013

25

9:00 Coffee Hour 11:00 Advance Beginners Watercolor

11:00 Tai Chi w/Nathan 12:00 Mahjong

12:00 Lunch 2:00 Guitar & Ukulele Lessons ON THIS DAY IN 1873

Near Iowa, Jesse James and his gang pull off the first successful train robbery in the 'American Old West.'

22

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 12:00 Lunch 12:30 Yarn & Needle Group



9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Music & Movement w/Melanie

10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch

ON THIS DAY IN 1903

The Ford motor company sells its first ever car.

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 10:00 Elder Law Clinic 12:00 LUNCH w/GIL The Magnificent!



9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 10:30 Life Without Limits 11:00 Tai Chi w/Nathan 12:00 Lunch

"Age does not bring you wisdom, it brings you wrinkles.

HAPPY BIRTHDAY Estelle Getty

JULY 25, 1923 - 2008

VISIT US ON OUR

WEBSITE: www.brooklettsplace.org

VISIT US ON FACEBOOK AT

BROOKLETTS PLACE -TALBOT SENIOR CENTER

> OR CALL 410-822-2869



28

9:00 Coffee Hour 11:00 Advance Beginners Watercolor

11:00 Tai Chi w/Nathan

12:00 Mahjong 12:00 Lunch

2:00 Guitar & Ukulele Lessons

"Thank goodness I was never sent to school; it would have rubbed off some of the

originality."

HAPPY BIRTHDAY **Beatrix Potter** JULY 28, 1866 - 1943 29

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:00 Positive Music w/DJ Randv P

12:00 Lunch 12:30 Yarn & Needle Group



30

9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 *Music & Movement* w/Melanie

10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch

National Cheesecake Day! July 30th 31

7:00 WIND CREEK CASINO 8:30 S.A.I.I. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 12:00 Lunch

> What do you call a cow in an earthquake?



BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – JULY 2025 400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

OUTINGS & EVENTS:

Thursday, July 3 – (11:30 a.m. – 1:00 p.m.) Dutch Lunch Out "LEDO'S" 108 Marlboro Ave., Easton, MD Bus will leave from Senior Center 11:15 a.m. and return to Brookletts Place by 1:30 p.m. Advance signup is required as space is limited.

Thursday, July 10 – (12:00 p.m. – 1:00 p.m.) Lunch/Music with Gene Edwards Review digital keyboard and vocal music, featuring a full array of amazing hits. Advance sign-up for lunch required 2 weeks in advance or you may bring your own lunch.

Monday, July 14 - (12:15 p.m. – 1:00 p.m.) Lunch & Learn w/Melanie. University of Maryland Shore Regional Health presents: Medication 101 with Melanie. Join Melanie Chapple, Pharm-D, transitions pharmacist at the Easton, Dorchester & Chestertown hospitals of Shore Regional Health as she gives tips on medication safety, medication organization and cost savings. A two-week advance sign-up is required for lunch.

<u>Tuesday, July 15</u> – (12:00 p.m. – 1:00 p.m.) *Lunch* w/*DJ CHUCKIE* Come out and enjoy the sounds of *DJ Chuckie*. <u>A 2 week advance sign-up for lunch is required by April 4th or you may bring your own lunch.</u>

<u>Thursday, July 17 – (9:30 a.m. – 12:00 p.m.)</u> Field Trip to Sue's House - Visit Artist's home and garden, sample teas grown on site and see where one of our teacher's lives, works and gains inspiration. This is an opportunity to see a variety of working studios, learn about native plants, growing food in small yards, as well as "making" for a living and practices to help cultivate personal peace. Bus will leave Brookletts Place Talbot Senior Center 9:30 a.m. and return by 12 noon. Advance sign-up is required as space is limited. THIS VENUE IS NOT HANDICAPPED ACCESSIBLE!

Thursday, July 24 - (12:15 p.m. – 1:00 p.m.) Lunch w/Gil The Magnificent" – "Magic, Comedy and Puppetry. Get ready to set back, relax, kick off your shoes and enjoy the show. Advance sign-up for lunch is required 2 weeks in advance by July 7th or you may bring your own lunch.

<u>UPCOMING TRIPS</u>: 2025/2026 Travel Log is available! Please visit our website <u>www.brooklettsplace.org</u>

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- Tuesdays and Thursdays (8:30 a.m. 9:30 a.m.) HEALTHY LIVING FOR OLDER ADULTS—SAIL (Stay Active & Independent for Life) Advance registration is required as space is limited.
- Every Wednesday (10:00 a.m. 11:00 a.m.) Music & Movement With Melanie Come sing & play along to familiar favorites. Enjoy music therapy, chair yoga, cardio drumming and many more activities that bring us together with shared experiences. Advance sign-up is required as space is limited.
- Fridays beginning January 17 through September 26 (10:30 a.m. 11:30 a.m.) LIFE WITHOUT LIMITS: Diabetes Free Living. Upper Shore Aging's Diabetes Health Education and Screening Program offers participants a free, high-quality lifestyle change program to reduce their risk of type 2 diabetes and improve their overall health. The program will be held at Brookletts Place and will include: A Fun environment to learn healthy habits weekly, Engaging group setting, Introduction to USA Senior Center services, and Health Screening and Preventative diabetes education. Contact USA 410-778-6000 to register.
- > Thursday, July 24 (10:00 a.m. 1:00 p.m.) Elder Law Clinic Attorneys will be present (by appointment only) to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128 for an appointment or additional information.
- > <u>Tuesday, July 29</u> (10:00 a.m. 12:00 noon) "*Positive Music w/DJ Randy P*". Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivational environment.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES.

- Advance Beginners Watercolor Every Monday (11:00 a.m. 1:00 p.m.) \$50.00 per 4 week session. New students are welcome, contact Diana Evans, Instructor 443-239-0657
- ➤ Guitar and Ukulele Lessons with Chuck of Mike Elzey Guitar Monday at 2:00 p.m. \$5.00 per session
- ➤ <u>Beginning Oil Painting</u> Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. New students are welcome. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register.
- <u>Tai Chi W/Nathan</u> Every Monday & Friday (11:00 a.m. 12:00 p.m.) You will be introduced to the lifestyle wellness system of Taijiquan, which has promoted the health of millions around the world for a long time. Comfortable clothing and sneakers are recommended. \$8.00 per-person per class

OTHER PROGRAMS:

- **Blood Pressure Screening** − 2nd Monday − (11:30 a.m. − 12 noon) Subject to change.
- Yarn & Needle Group Every Tuesday 12:30 p.m. If you knit, crochet, needlepoint, felt or weave, this is the Gathering for you. Practice your craft and bring your skills to others for a hour or two. No registration necessary, just drop in. Call 410-822-2869 for more information.
- ➤ Video (Wii) Bowling Every Wednesday 10:30 a.m. in the TV Room. COME JOIN THE TEAM. NEW MEMBERS ARE WELCOME!
- Sho Go Mobile is bringing the market to Talbot Senior Center, Thursdays 10:30 am to 11:30 am. The bus will be stocked with fresh produce, soup, salad & sandwiches from Shore Gourmet! Make sure to take advantage of the convenience of our mobile market!
- ➤ <u>Elder Law Clinic</u> Every 4th Thursday 10:00 a.m. 1:00 p.m. <u>BY APPOINTMENT ONLY</u> Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128
- Poetry at Noon Every 2nd Friday NO POETRY JUNE, JULY & AUGUST Will Resume in September

UPCOMING EVENT – THURSDAY, AUGUST 28TH A FEW SEATS REMAIN FOR OUR ANNUAL SUICIDE BRIDGE CRAB FEAST 3 HR CRUISE \$80/PER PERSON – CONTACT TERESA GREENE NOW TO RESERVE YOUR SEAT