

Dorchester / Talbot Meals
Lunch menu include 8oz 1% Milk

June 2024

(Menu subject to change)

Entrees provide 3oz protein in the suggested amount

All other portion size 4oz (½ c) servings unless otherwise indicated.

Week 3 Monday 6/03	Tuesday 6/04	Wednesday 6/05	Thursday 6/06	Friday 6/07	Saturday 6/08
Fish Square Sandwich on Bun Green Lima Beans Cole Slaw Peaches Juice	Sweet & Sour Chicken Rice Green Beans Melon Cup W.W. Bread w/ Marg. Juice	Tuna Salad Sandwich on W.W. Bread Slice Tomatoes (3) Baked Potato Chips Apricots Juice	Roast Pork & Gravy Sweet Potatoes Vegetable Medley Peaches W.W. Bread w/Marg. Juice	Stew Turkey w/ Peas & Carrots Rice Fresh Apple Biscuit w/ Marg. Juice	Baked Meat Lasagna Wax Beans Garlic Toast Tropical Fruit Salad Juice
Week 4 6/10	6/11	6/12	6/13	6/14	6/15
Turkey & Swiss Sandwich on W.W Bread 3-Bean Salad Macaroni Salad Pineapples Juice	Meatball Sub on Mini Whole Grain Sub Roll Potato Wedges Green Beans Peaches Juice	Vegetable Bean Soup (8oz) Turkey Sandwich on W.W. Bread Fruit Cup Juice	Oven Fried Chicken Sweet Potatoes Brussel Sprouts Mandarin Orange W.W. Bread w/Marg Juice	BBQ Rib on Bun Scalloped Potatoes Kale Fruit Cocktail Juice	Vegetable Lasagna Garden Salad w/ Dressing Fresh Banana W.W. Bread w/ Marg. Juice
Week 1 6/17	6/18	6/19	6/20	6/21	6/22
Lemon Pepper Tilapia Fish Roasted Potatoes Brussel Sprouts Applesauce W.W. Bread w/ Marg. Juice	Salisbury Steak Mashed Potatoes Peas Fruit Jello (¾ c.) W.W. Bread w/ Marg. Juice	BBQ Chicken Breast on Bun Pinto Beans Steam Cauliflower Pears Juice	Grilled Chicken Ceasar Salad Tomatoes, Cheese, Lettuce Potato Salad W.W Crackers (6) Mandarin Oranges Juice	Baked Ham Steak Au Gratin Potatoes Green Beans Apricots W.W. Bread w/ Marg. Juice	Turkey Burger on Bon Mini Baked Potatoes Steam Zucchini Tropical Fruit Salad. Juice
Week 2 6/24	6/25	6/26	6/27	6/28	6/29
Oven Fried Chicken Mashed Potatoes Mixed Vegetables Pineapples W.W. Bread w/ Marg. Juice	Navy Bean Soup (8oz) Ham & Cheese Sandwich on W.W. Bread Fruit Cocktail Juice	Chicken Salad Plate, Lettuce, Slice Tomatoes (3) Macaroni Salad Applesauce W.W. Crackers (6) Juice	Cheeseburger on Bun Baked Beans Steam Carrots Melon Cup Juice	Roast Turkey & Gravy Rice Peas Banana W.W. Bread w/ MargW. Juice	Vegetable Soup (8oz) Egg Salad Sandwich on W.W. Bread Raisin Box Juice

Week 3 Monday 7/01	Tuesday 7/02	Wednesday 7/03	Thursday 7/04	Friday 7/05	Saturday 7/06
Fish Square Sandwich on Bun Grean Lima Beans Cole Slaw Peaches Juice	Sweet & Sour Chicken Rice Green Beans Melon Cup W.W. Bread w/ Marg. Juice	Tuna Salad Sandwich on W.W. Bread Slice Tomatoes (3) Baked Potato Chips Apricots Juice	Roast Pork & Gravy Sweet Potatoes Vegetable Medley Peaches W.W. Bread w/Marg. Juice	Stew Turkey w/ Peas & Carrots Rice Fresh Apple Biscuit w/ Marg. Juice	Baked Meat Lasagna Wax Beans Garlic Toast Tropical Fruit Salad Juice