



A place to connect. A place to thrive.



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VISIT US ON OUR WEBSITE: www.brooklettsplace.org</p> <p>VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT SENIOR CENTER</p>		<p>ADVICE FROM A Sunflower:</p> <p>BE BRIGHT, SUNNY AND POSITIVE. Spread seeds of happiness. RISE, SHINE, AND HOLD YOUR HEAD HIGH.</p> 	<p>The Oldest Computer Was Owned By Adam And Eve. It Was An Apple With Very Limited Memory. Just 1 Byte And Everything Crashed!</p> 	<p>1</p> <p>9:00 Coffee Hour 9:30 Dance Fitness 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 11:30 Toastmaster's 12:00 Lunch</p> 
<p>4</p> <p>9:00 Coffee Hour 11:00 Advance Beginners Watercolor 11:00 <i>Tai Chi w/Nathan</i> 12:00 Lunch 12:00 Mahjong 2:00 Guitar & Ukulele Lessons</p> <p>ON THIS DAY IN 2008 <i>Barack Obama becomes the first African-American to be elected President of the United States, defeating Republican candidate John McCain.</i></p>	<p>5</p> <p>CLOSED</p> 	<p>6</p> <p>9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 <i>Music w/Melanie</i> 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch 1:00 Travel Advisory Mtg</p> 	<p>7</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 9:00 FALL WREATH MAKING W/LAURA RANKIN 10:00 <i>Bingocize</i> 10:30 <i>ShoGo Mobile</i> 12:00 LUNCH & LEARN w/TALBOT GOES PURPLE</p> 	<p>8</p> <p>9:00 Coffee Hour 9:30 Dance Fitness 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 11:30 <i>DLO "Spaghetti House"</i> 12:00 Lunch 12:00 Poetry at Noon</p> <p>NOVEMBER IS National Hospice Month</p> 
<p>11</p> <p>CLOSED</p> 	<p>12</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 10:00 <i>Crafting with Tonia</i> 12:00 LUNCH W/BLACK EYED SUZIES 12:30 Yarn & Needle Group</p> 	<p>13</p> <p>8:30 Commission on Aging 9:00 Coffee Hour 9:00 Beginning Oil Painting 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p> <p><i>"That's the thing about Mother Nature, she really doesn't care what economic bracket you're in."</i> HAPPY BIRTHDAY Whoopi Goldberg November 13th, 1955</p>	<p>14</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 9:30 <i>Jewelry Journey w/Sue Stockman</i> 10:30 <i>ShoGo Mobile</i> 12:00 LUNCH W/GENE EDWARDS REVIEW</p> 	<p>15</p> <p>9:00 Coffee Hour 9:30 Dance Fitness 9:30 <i>Jewelry Journey w/Sue Stockman</i> 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 11:30 Toastmaster's 12:00 Lunch</p> 
<p>18</p> <p>9:00 Coffee Hour 11:00 Advance Beginners Watercolor 11:00 <i>Tai Chi w/Nathan</i> 11:30 Blood Pressure Screening w/Melanie 12:00 Mahjong 12:00 LUNCH & LEARN W/MELANIE 2:00 Guitar & Ukulele Lessons</p>	<p>19</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 12:00 <i>Lunch w/DJ Chuckie</i> 12:30 Yarn & Needle Group</p> 	<p>20</p> <p>9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 <i>Music w/Melanie</i> 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p> 	<p>21</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 10:00 <i>Elder Law Clinic</i> 10:30 <i>ShoGo Mobile</i> 12:00 PRE THANKSGIVING DAY LUNCHEON W/NEW ST JOHN'S MENS CHOIR</p> 	<p>22</p> <p>9:00 Coffee Hour 9:30 Dance Fitness 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 12:00 Lunch</p> <p>ON THIS DAY IN 1963 <i>President John F. Kennedy is assassinated by Lee Harvey Oswald in Texas.</i></p>
<p>25</p> <p>9:00 Coffee Hour 11:00 Advance Beginners Watercolor 11:00 <i>Tai Chi w/Nathan</i> 12:00 Mahjong 12:00 Lunch 2:00 Guitar & Ukulele Lessons</p> <p>What did the cat say when the mouse got away? <i>You've got to be kitten me!</i></p>	<p>26</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 11:00 <i>Positive Music w/DJ Randy P</i> 12:00 <i>Lunch w/Les Rayne</i> 12:30 Yarn & Needle Group</p> <p>ON THIS DAY IN 1941 <i>President Franklin D Roosevelt establishes that the fourth Thursday in November will be Thanksgiving Day .</i></p>	<p>27</p> <p>9:00 Coffee Hour 9:00 Beginning Oil Painting 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p> <p>Why was the cat sitting on the computer? <i>To keep an eye on the mouse!</i></p> <p>Why don't cats like online shopping? <i>They prefer a cat-alogue!</i></p>	<p>28</p> <p>CLOSED</p> 	<p>29</p> <p>CLOSED</p> 

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – NOVEMBER 2024
400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

OUTINGS & EVENTS:

Thursday, November 7 – (12:15 p.m. – 1:00 p.m.) Lunch and Learn with Talbot Goes Purple presenting “*Stigma Highlighted – A Community Conversation.*” Learn how you can support people in recovery by challenging stigma within ourselves and our communities. Hear from Talbot County Sheriff Joe Gamble and from people with lived experience. A two-week advance sign-up is required for lunch or you may bring your own.

Friday, November 8 – (11:30 a.m. – 1:00 p.m.) Dutch Lunch Out “*SPAGHETTI HOUSE*” 28614 Marlboro Ave, Easton, MD **Bus will leave Brookletts Place 11:15 a.m.** and return 1:15 p.m. Advance sign-up is required as space is limited.

Tuesday, November 12 - (12:15 p.m. – 1:00 p.m.) Carpe Diem Arts presents *BLACK-EYED SUZIES* – Widely acclaimed all-female, high energy bluegrass-country band led by champion fiddler Sarah Larsen, with Colinda Blankenship on banjo, Lisa-Kay Howard Hughes on mandolin and guitar, and Molly Hebert-Wilson on bass. Made possible by the generous support of the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, the Mid-Shore Community Foundation (MSCF), Dock Street Foundation, Artistic Insights Fund, Brookletts Place, and by individual contributions to Carpe Diem Arts Outreach Fund c/o MSCF. A two-week advance sign-up is required for lunch or you may bring your own.

Thursday, November 14 – (12:00 p.m. – 1:00 p.m.) *Lunch/Music with Gene Edwards Review* digital keyboard and vocal music, featuring a full array of amazing hits. Advance sign-up for lunch required 2 weeks in advance or you may bring your own lunch.

Monday, November 18 - (12:15 p.m. – 1:00 p.m.) *Lunch & Learn w/Melanie. University of Maryland Shore Regional Health presents: Medication 101 with Melanie.* Join Melanie Chapple, Pharm-D, transitions pharmacist at the Easton, Dorchester & Chestertown hospitals of Shore Regional Health as she gives tips on medication safety, medication organization and cost savings. A two-week advance sign-up is required for lunch.

Tuesday, November 19 – (12:00 p.m. – 1:00 p.m.) *Lunch w/DJ CHUCKIE* Come out and enjoy the sounds of DJ Chuckie. A 2 week advance sign-up for lunch is required by Nov 1st or you may bring your own lunch.

Thursday, November 21 – (12:00 p.m. – 1:00 p.m.) Community Thanksgiving Luncheon w/New St John’s Mens Choir. A two-week advance sign-up is required for lunch by Nov 7th. Call 410-822-2869 to reserve your space today.

Tuesday, November 26 – (12:30 p.m. – 1:00 p.m.) *Lunch/Music with Les Rayne.* A two-week advance sign-up is required for lunch by Sept 9th or you may bring your own.

UPCOMING TRIPS: 2024/2025 Travel Log is available!! Please visit our website www.brooklettsplace.org

“NEW” Sunday May 4 – Saturday May 10, 2025

St. Augustine, Amelia Island & Jacksonville, FL

7 Days/6 Nights Bus trip \$1200.00 per person double occupancy \$1600.00 single occupancy. Package includes: 6 Nights lodging (includes 2 overnight stops), 6 Breakfasts, 4 Dinners including Alhambra Dinner Theater. Tour of St. Augustine, Amelia Island & Jacksonville. Visit to Kingsley Plantation, Fernandina Beach & American Beach. Perimeter Tour of Castillo de San Marcos. Admission to Ponce de Leon’s “Fountain of Youth”. Sightseeing cruise on St. John River, visit to Spanish Quarter & St. George Street. Luggage handling in Florida and Souvenir gift. All taxes and gratuities are included. Motorcoach transportation. **DEPOSIT OF \$150.00 per person is DUE BY FRIDAY, NOVEMBER 22, 2024 WITH FINAL PAYMENT DUE BY MONDAY MARCH 3, 2025**

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- Every 1st and 3rd Wednesday – (9:30 a.m. – 10:30 a.m.) Music With Melanie – Come sing & play along to familiar favorites. Enjoy music activities that bring us together with shared experiences. Advance sign-up is required.
- Tuesday and Thursday – August 27th – Nov 7th (10:00 a.m. – 11:00 a.m.) BINGOCIZE – Combine Bingo, Education & Exercise to Improve Your Health – Falls Prevention Workshop. Did you know exercise can help prevent chronic diseases and falls in older adults? Join us- Must pre-register to attend as space is limited.
- Thursday, November 7 – (9:30 a.m. – 11:30 a.m.) Wire and Cardboard Door Wreaths w/Laura Rankin - Flower, bud, and leaf shapes are cut from brown cardboard boxes. Next, using white poster paint, loose details are painted onto these shapes, e.g., veins on the leaves. These are then wired onto a round wire wreath frame in a playful, 3D manner to give a circular garland appearance to the whole. It’s a uniquely minimalist approach to a door wreath. All materials are provided. Made possible by the generous support of the Talbot County Arts Council with revenues provided by the Maryland State Arts Council and the Mid-Shore Community Foundation (MSCF). **Class is limited to 10 people Advance registration is required. If you sign up for this FREE CLASS and do not attend, a fee of \$10.00 will be charged.**
- Tuesday, November 12 - (9:30 a.m. – 10:30 a.m.) Join us for Crafting with Tonia “*HARVEST BLESSINGS*”. Limited to 10 participants – Advance sign-up is required.
- Thursday & Friday November 14th & 15th – (9:30 a.m. – 11:30 a.m.) Jewelry Journey with Sue Stockman Learn to do some simple metalsmithing and wire techniques to create wearable art and small sculpture that incorporates beads made of glass, stone and found objects. Spend time creating and connecting with new and old friends. Made possible by the generous support of the Talbot County Arts Council with revenues provided by the Maryland State Arts Council and the Mid-Shore Community Foundation (MSCF). **Class is limited to 10 people. Advance registration is required. If you sign up for this FREE CLASS and do not attend, a fee of \$10.00 will be charged.**
- Thursday, November 21 - (10:00 a.m. – 1:00 p.m.) *Elder Law Clinic* Attorneys will be present (by appointment only) to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128 for an appointment or additional information.
- Tuesday, November 26 – (11:00 a.m. – 12:00 noon) “*Positive Music w/DJ Randy P*”. Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivational environment.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES.

- Advance Beginners Watercolor - Every Monday (11:00 a.m. – 1:00 p.m.) \$50.00 per 4 week session. New students are welcome, contact Diana Evans, Instructor 443-239-0657
- Guitar and Ukulele Lessons with Chuck of Mike Elzey Guitar Monday at 2:00 p.m. \$5.00 per session
- Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. New students are welcome. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register.
- Tai Chi W/Nathan – Every Monday & Friday (11:00 a.m. – 12:00 p.m.) You will be introduced to the lifestyle wellness system of Taijiquan, which has promoted the health of millions around the world for a long time. People have experienced their balance improving, their respiratory and cardiovascular health improved, connection with new friends expanded, better sleep, and mental focus. Comfortable clothing and sneakers recommended. \$8.00 per-person per class

OTHER PROGRAMS:

- Tuesdays and Thursdays (8:30 a.m. – 9:30 a.m.) HEALTHY LIVING FOR OLDER ADULTS—**SAIL** (Stay Active & Independent for Life) Advance registration is required as space is limited.
- Blood Pressure Screening – 2nd Monday – (11:30 a.m. – 12 noon) Subject to change.
- Yarn & Needle Group – Every Tuesday 12:30 p.m. If you knit, crochet, needlepoint, felt or weave, this is the Gathering for you. Practice your craft and bring your skills to others for a hour or two. No registration necessary, just drop in. Call 410-822-2869 for more information.
- Video (Wii) Bowling - Every Wednesday 10:30 a.m. in the TV Room. **COME JOIN THE TEAM. NEW MEMBERS ARE WELCOME!**
- Sho Go Mobile is bringing the market to Talbot Senior Center, Thursdays 10:30 am to 11:30 am. The bus will be stocked with fresh produce, soup, salad & sandwiches from Shore Gourmet! Make sure to take advantage of the convenience of our mobile market!
- Elder Law Clinic – Every 4th Thursday 10:00 a.m. – 1:00 p.m. **BY APPOINTMENT ONLY** Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128
- Poetry at Noon – Every 2nd Friday