

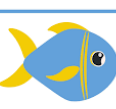














A place to connect. A place to thrive.



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:00 Coffee Hour 9:00 S.A.I.L. Enhance Fitness 10:30 Music w/Melanie 11:00 Tai Chi w/Nathan 12:00 Mahjong 12:00 Lunch 2:00 Guitar & Ukulele Lessons</p>	<p>4</p> <p>9:00 Coffee Hour 10:00 "Crokinole" 12:00 Lunch 12:30 Yarn & Needle Group ON THIS DAY IN 1937 <i>The first shopping carts are introduced at the Humpty Dumpty Supermarket in Oklahoma City, created by the store's owner, Sylvan Goldman.</i></p>	<p>5</p> <p>9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Blood Pressure Screening 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p>	<p>6</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 11:00 Diabetes Screening & Health Education Program 10:00 ShoGo Mobile 12:00 Lunch</p>	<p>7</p> <p>9:00 Coffee Hour 10:00 Mahjong 11:00 Tai Chi w/Nathan 11:30 Toastmaster's 12:00 Lunch HAPPY BIRTHDAY Jessica Tandy Actress BORN June 7th, 1909 DIED 1994</p>
<p>10</p> <p>9:00 Coffee Hour 9:00 S.A.I.L. Enhance Fitness 11:00 Tai Chi w/Nathan 12:00 Lunch & Learn w/Melanie 12:00 Mahjong 2:00 Guitar & Ukulele Lessons</p> <p><i>ON THIS DAY IN 1793</i> 1st public zoo opens in Paris.</p>	<p>11</p> <p>9:00 Coffee Hour 10:00 Crafting with Tonia 12:00 Lunch & Learn Advance Directives w/Kara 12:30 Yarn & Needle Group</p> <p>ON THIS DAY IN 1509 <i>Henry VIII marries the first of his six wives, Catherine of Aragon</i></p>	<p>12</p> <p>8:30 Commission on Aging 9:00 Coffee Hour 9:00 Beginning Oil Painting 10:30 Wii Bowling 11:00 Duplicate Bridge 11:30 Dutch Lunch Out "China Buffet" 12:00 Lunch HAPPY BIRTHDAY George H. W. Bush 41st President of the US BORN June 12th, 1929</p>	<p>13</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 11:00 Diabetes Screening & Health Education Program 10:00 ShoGo Mobile 12:00 Lunch w/Gene Edwards Review <i>What do you call a dog that does magic tricks?</i> A labracadabra</p>	<p>14</p> <p>9:00 Coffee Hour 10:00 Mahjong 11:00 Tai Chi w/Nathan 12:00 Lunch 12:00 Poetry at Noon</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>NO MATTER HOW STRESSED YOU ARE...</p>  <p>REMEMBER HOW BLESSED YOU ARE.</p> <p><small>COFFEE AND JELLY BEANS</small></p> </div>
<p>17</p> <p>9:00 Coffee Hour 9:00 S.A.I.L. Enhance Fitness 10:30 Music w/Melanie 11:00 Tai Chi w/Nathan 12:00 Lunch 12:00 Mahjong 2:00 Guitar & Ukulele Lessons</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>BE PROUD OF YOURSELF FOR SURVIVING THE DAYS YOU THOUGHT YOU COULDN'T</p>  </div>	<p>18</p> <p>9:00 Coffee Hour 10:00 "Crokinole" 12:00 Lunch w/DJ Chuckie 12:30 Yarn & Needle Group</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>NATIONAL GO FISHING DAY</p>  <p>June 18</p> <p><small>VectorStock</small></p> </div>	<p>19</p> <div style="text-align: center;"> <p>CLOSED</p> <p>JUNETEENTH</p> <p><i>celebrate freedom</i></p> <p>JUNE 19th</p> </div>	<p>20</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 11:00 Diabetes Screening & Health Education Program 10:00 ShoGo Mobile 12:00 Lunch</p> <p>ON THIS DAY IN 1782 <i>Congress adopts the Great Seal of the United States, with the Bald Eagle clutching both an olive branch and thirteen arrows.</i></p>	<p>21</p> <p>9:00 Coffee Hour 10:00 Mahjong 11:00 Tai Chi w/Nathan 11:30 Toastmaster's 12:00 Lunch</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FIRST DAY OF SUMMER</p>  </div>
<p>24</p> <p>9:00 Coffee Hour 9:00 S.A.I.L. Enhance Fitness 11:00 Tai Chi w/Nathan 12:00 Mahjong 12:00 Lunch 2:00 Guitar & Ukulele Lessons</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>NATIONAL PRALINES DAY</p>  </div>	<p>25</p> <p>8:30 Coffee With A Cop 12:00 Lunch 12:30 Yarn & Needle Group</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Happy Tuesday</p> <p>One small positive thought in the morning CAN CHANGE YOUR whole day.</p>  <p>HAPPY BIRTHDAY MAELA!</p> </div>	<p>26</p> <p>9:00 Coffee Hour 9:00 Beginning Oil Painting 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Why did the coffee file a police report?</p>  <p>It got mugged.</p> <p><small>COFFEE AND JELLY BEANS</small></p> </div>	<p>27</p> <p>8:30 S.A.I.L. Enhance Fitness 9:00 Coffee Hour 9:00 Painting with Wool w/Laura Rankin 11:00 Diabetes Screening & Health Education Program 10:00 ShoGo Mobile 12:00 Lunch</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>MSAC <small>DEPARTMENT OF COMMERCE Maryland state arts council</small></p> <p>TALBOT ARTS</p> </div>	<p>28</p> <p>9:00 Coffee Hour 10:00 Mahjong 10:00 Elder Law Clinic 11:00 Tai Chi w/Nathan 12:00 Lunch w/THE JONES BOYS</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Last night I had a nightmare that disco music was making a comeback.</p> <p>At first I was afraid.</p> <p>I was petrified!</p> </div>
<p>VISIT US ON OUR WEBSITE:</p> <p>www.brooklettsplace.org</p> <p>VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT SENIOR CENTER</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Be like a pineapple. Stand tall. Wear a crown. Be sweet on the inside.</p>  </div>	<div style="border: 1px solid black; padding: 5px;"> <p>June Birthstones</p>  <p>Pearl, Alexandrite, and Moonstone</p> <hr/> <p>JUNE BIRTH FLOWER</p>  <p>Rose</p> <p>ROMANCE LOVE</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>JUNE IS SOUL FOOD MONTH</p>  <hr/> <p>National Iced Tea Month</p>  <p>June is... www.NationalDayCalendar.com</p> </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>I grilled a chicken for two hours yesterday,</p>  <p>And it still wouldn't tell me why it crossed the road!</p> <p><small>COFFEE AND JELLY BEANS</small></p> </div>

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – JUNE 2024
400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

OUTINGS & EVENTS:

Monday, June 10 - (12:15 p.m. – 1:00 p.m.) Lunch & Learn w/Melanie. University of Maryland Shore Regional Health presents: Nutrition & Medication 101 with Melanie. Join Melanie Chapple, Pharm-D, transitions pharmacist at the Easton, Dorchester & Chestertown hospitals of Shore Regional Health as she gives tips on medication safety, medication organization and cost savings. A two-week advance sign-up is required for lunch or you may bring your own.

Tuesday, June 11 - (12:15 p.m. – 1:00 p.m.) Lunch & Learn ADVANCE DIRECTIVES w/KARA. Life can become overwhelming at times. It is always scary to think about getting sick. Advance Directives is one of the pivotal parts of the process. And in many cases our loved ones are uncomfortable discussing the matter. However, it is critical to discuss advance care planning. Some people believe that the topic should only be discussed when you are sick or older. Advance Directives provides the tool and structure to be able to stay focused on what is important for the individual and not to get lost at the important moment in someone's life. It is important to know how comfortable you wanted to be treated and give you all the emotional needs that is best for you. Advance Directives are not only for the elderly. Unexpected end-of-life events can occur at any age, all adults should have these documents.. A two-week advance sign-up is required for lunch or you may bring your own.

Wednesday, June 12 – (11:30 a.m. – 1:00 p.m.) Dutch Lunch Out “China Buffet” 8223 Elliot Road, Easton, MD **Bus will leave Brookletts Place 11:15 a.m.** and return 1:15 p.m. Advance signup is required as space is limited.

Thursday, June 13 – (12:00 p.m. – 1:00 p.m.) Lunch/Music with Gene Edwards Review digital keyboard and vocal music, featuring a full array of amazing hits. Advance sign-up for lunch is required 2 weeks in advance or you may bring your own lunch.

Tuesday, June 18 – (12:00 p.m. – 1:00 p.m.) Lunch w/DJ CHUCKIE LOVE Come out and enjoy the sounds of DJ Chuckie. A 2 week advance sign-up for lunch is required by April 9th or you may bring your own lunch.

Tuesday, June 25 – (8:30 a.m. – 10:00 a.m.) “COFFEE WITH A COP” Join the Easton Police Department, partnered with Talbot County DSS & Health Department to discuss about common scams and general financial exploitation and other senior related issues. It's World Elder Abuse Awareness Month.

Friday, June 28 - 12:00 p.m. – 1:00 p.m. for Lunch with The Jones Boys. The Jones Boys are a country music group who enjoy playing traditional country music. They are a favorite among the seniors at Brookletts Place. The group consists of Jim Jones and his son Darren. They have been together since 1992 and have appeared in Nashville and at numerous local events to include fairs, local clubs and senior centers. This program is funded in part by a grant from Talbot Arts with revenues provided by the Maryland State Arts Council. A two-week advance sign-up is required for lunch or you may bring your own.

UPCOMING TRIPS: 2024/2025 Travel Log is available!! Please visit our website www.brooklettsplace.org

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- Every 1st and 3rd Monday – (10:30 a.m. – 11:30 a.m.) Music With Melanie – Come sing & play along to familiar favorites. Enjoy music activities that bring us together with shared experiences. Advance sign-up is required.
- Every 1st and 3rd Tuesday – (10:00 a.m. – 11:30 a.m.) “CROKINOLE” Have you ever heard about Crokinole? Please come join us and learn a new game and have some fun with us!
- Every Thursday beginning May 30th – August 15th - (11:00 a.m. – 12:00 p.m.) Upper Shore Aging's Diabetes Health Education and Screening Program offers participants a free, high-quality lifestyle change program to reduce their risk of type 2 diabetes and improve their overall health. The program will be held at Brookletts Place, will include: Fun environment to learn healthy habits weekly, Engaging group setting, Introduction to USA Senior Center services, Health Screening and Preventative diabetes education. Contact USA 410-778-6000 to register.
- Tuesday, June 11 - (10:00 a.m. – 11:00 a.m.) Join us for Crafting with Tonia “SEA SHELLS”. Limited to 10 participants – Advance sign-up is required.
- Tuesday, June 25 – (8:30 a.m. – 10:00 a.m.) “COFFEE WITH A COP” Join the Easton Police Department, partnered with Talbot County DSS & Health Department to discuss about common scams and general financial exploitation and other senior related issues.
- Tuesday, June 25 – (10:00 a.m. – 11:00 a.m.) “Positive Music w/DJ Randy P”. Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivational environment.
- Thursday, June 27 – (9:00 a.m. – 12:00 a.m.) Painting w/wool With Laura Rankin. In this workshop, all the students will be learning how to create the same floral still life picture, which I will provide. Laura will be demonstrating a variety of needle felting techniques which in turn will enable the students to "paint" with wool. All supplies are supplied. Advance registration is required as space is limited.
- Friday, June 28 - (10:00 a.m. – 1:00 p.m.) Elder Law Clinic Attorneys will be present (**by appointment only**) to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128 for an appointment or additional information.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES.

- Advance Beginners Watercolor - Every Monday (11:00 a.m. – 1:00 p.m.) \$50.00 per 4 week session. New students are welcome, contact Diana Evans, Instructor 443-239-0657 – **HAVE A GREAT SUMMER SEE YOU IN THE FALL**
- Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. New students are welcome. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register.
- Tai Chi W/Nathan – Every Monday & Friday (11:00 a.m. – 12:00 p.m.) You will be introduced to the lifestyle wellness system of Taijiquan, which has promoted the health of millions around the world for a long time. People have experienced their balance improving, their respiratory and cardiovascular health improved, connection with new friends expanded, better sleep, and mental focus. Comfortable clothing and sneakers recommended. \$8.00 per-person per class

OTHER PROGRAMS:

- Mondays - (9:00 a.m. – 10:00 a.m.) and Thursdays (8:30 a.m. – 9:30 a.m.) HEALTHY LIVING FOR OLDER ADULTS—**SAIL** (Stay Active & Independent for Life) Advance registration is required as space is limited.
- Yarn & Needle Group – Every Tuesday 12:30 p.m. If you knit, crochet, needlepoint, felt or weave, this is the Gathering for you. Practice your craft and bring your skills to others for a hour or two. No registration necessary, just drop in. Call 410-822-2869 for more information.
- Blood Pressure Screening – 1st Wednesday of each month at 10:00 a.m.
- Video (Wii) Bowling - Every Wednesday 10:30 a.m. in the TV Room. Come Join the Team. New Members Are Welcome!
- Sho Go Mobile is bringing the market to Talbot Senior Center, Thursdays 10:00 am to 11:00 am. The bus will be stocked with fresh produce, soup, salad & sandwiches from Shore Gourmet! Make sure to take advantage of the convenience of our mobile market!
- Elder Law Clinic – Every 4th Thursday 10:00 a.m. – 1:00 p.m. BY APPOINTMENT ONLY Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128 - **FRIDAY JUNE 28TH ONLY**
- Poetry at Noon – Every 2nd Friday

UPCOMING EVENT FOR JULY – NEW DANCE FITNESS CLASS BEGINS JULY 12TH – SEPT 27TH REGISTER TODAY

CATERING BY JAMIE FUNDRAISER PIT BEEF & PIT TURKEY SALE - JULY 19TH

\$10 FOR CHOICE OF SANDWICH INCLUDES CHIPS & DRINK – PRE SALES ONLY STOP BY THE CENTER TO SIGN UP BEFORE JULY 1ST